Watson and Rayner (1920) conditioned "Little Albert" to fear white rats by banging a hammer on a steel bar as the child played with a white rat. Later, it was discovered that Albert feared not only white rats but white stuffed toys and Santa’s beard as well. Albert's fear of these other objects can be attributed to:-

- The law of effect
- Stimulus discrimination
- An overactive imagination
- Stimulus generalization

Comparative psychologists are primarily interested in:-

- the comparison of functional and behavioral psychology
- stimulus-response connections
- animal behavior
- the comparison of different types of psychotherapy

The __________ theory explains how sounds up to 4000 hertz reach the brain.

- place
- tone
- auditory
- frequency

World Mental Health Day is observed on:-

- September 10
- November 10
- December 10
- October 10

Emotional Intelligence is:-

- The ability to feign emotions when necessary
- The ability to recognise and control one's own and others' emotions
The emotional reaction that occurs when completing an intelligence test
Knowledge of emotional states

6 of 100
169 PU_2015_388
Which of the following is not a treatment developed from classical conditioning principles?
- aversion therapies
- systematic desensitization
- flooding
- token economies

7 of 100
205 PU_2015_388
Bogus Pipeline is used for measuring:-
- cognitive Dissonance
- Attitude
- Personality
- Persuasion

8 of 100
147 PU_2015_388
Shaping is an extension of __________ principle of learning?
- Operant conditioning
- Social learning
- Insightful learning
- Classical conditioning

9 of 100
183 PU_2015_388
The brain stem comprises:-
- Cerebellum, Basal Ganglia, and Recticular Formation
- Cerebellum, Medulla Oblongata, and Basal Ganglia
- Pons, Basal Ganglia, and Recticular Formation
- Medulla Oblongata, Pons, and Cerebellum

10 of 100
193 PU_2015_388
The theory of bounded rationality was originally developed by:-
- Steven Pinker
- Noam Chomsky
what is the full form of APA?
- Australian Psychological Association
- American Psychiatric Association
- American Psychological Association
- American Psychology Association

___________ plays a significant role in emotional behaviour.
- Thalamus
- Frontal Lobe
- Parietal Lobe
- Hypothalamus

The Minnesota Multiphasic Personality Inventory – 2 is an example of a _____ test
- Criterion-referenced
- Performance
- Self-report
- Self-scoring

Psychiatrists endorse ________________ model of illness.
- Ecological
- Social
- Biological
- Humanistic

The process of excluding from the consciousness the ideas and feelings which cause guilt and shame is known as:-
- Repression
Projection
Reaction formation
Regression

211 PU_2015_388
Electrooculogram (EOG) records:-
- Electrical activity within the brain
- Changes in electrical activity in the muscles
- Electrical activity in various muscles
- Changes in electrical potential in the eyes

187 PU_2015_388
_______________ launches the Positive Psychology Movement.
- Martin Seligman
- Erik Erikson
- Elizabeth Loftus
- Abraham Maslow

199 PU_2015_388
In trace conditioning:-
- the CS precedes UCS and they do not overlap
- the CS and UCS begin and end at the same time
- The CS precedes UCS and they overlap
- The UCS precedes CS

167 PU_2015_388
What is the Id?
- part of the psyche that controls our morals
- part of the psyche that controls the impulses
- part of the psyche that reduces anxiety
- a description of the innate instinctual needs

175 PU_2015_388
The first self-report test of personality was developed by:-
- Woodworth
21 of 100
127 PU_2015_388
Jacobson's progressive relaxation is very similar to _________ asan
☐ Chakasan
☐ Savasan
☐ Padmasan
☐ Bhujangasan

22 of 100
129 PU_2015_388
Seeing a ghost in a dark room is an example of _________.
☐ Perceptual defense
☐ Illusion
☐ Hallucination
☐ Delusion

23 of 100
191 PU_2015_388
The word big is flashed on a screen. A mental picture of the word big represents a _________ code; the definition "large in size" represents a _________ code; "sounds like pig" represents a _________ code.
☐ Phonemic; Semantic; Structural
☐ Phonemic; Structural; Semantic
☐ Structural; Semantic; Phonemic
☐ Structural; Phonemic; Semantic

24 of 100
137 PU_2015_388
In case of 't' test, the distribution of the scores has a _________ shape.
☐ Leptokurtic
☐ Positively skewed shape
☐ Platykurtic
☐ Mesokurtic

25 of 100
195 PU_2015_388
According to the James-Lange theory of emotion:-
Different patterns of autonomic activation lead to the experience of different emotions.
The experience of emotion depends on autonomic arousal and on one's cognitive interpretation of that arousal.
Emotions develop because of their adaptive value.
Emotion occurs when the thalamus sends signals simultaneously to the cortex and to the autonomic nervous system.

26 of 100
131 PU_2015_388
Conditioning method was introduced by _________.
- Pavlov
- Thorndike
- Kohler
- Skinner

27 of 100
155 PU_2015_388
The term cognition refers to:
- thinking or knowing
- analysis and synthesis
- predicting the future
- introspection

28 of 100
161 PU_2015_388
Howard Gardner theorizes that there are _________ different kinds of intelligence
- 3
- 120
- 2
- 8

29 of 100
133 PU_2015_388
Mirror drawing apparatus is used to measure _________ learning
- Serial
- Sensory-motor
- Social
- Maze

30 of 100
Which of the following tests is likely to have the highest reliability?

- The MMPI
- TAT
- Draw-a-Person test
- Rorschach ink blot test

What proportion of scores in a normal distribution lie above a z score of 1?

- 16 per cent
- 10 per cent
- 50 per cent
- 25 per cent

Mean is an example of __________ statistic

- Multivariate
- Univariate
- Variance
- Bivariate

Drawing specific conclusions without evidence is known as ________.

- Personalisation
- Arbitrary inference
- Dysfunctional belief
- Convergent thinking

Biofeedback is based upon which principle of learning?

- Insightful learning
- Classical conditioning
- Social learning
- Operant conditioning
The three basic emotions which appear to be unlearned but take time to develop are:
- excitement, jealousy, anger
- affection, anger, fear
- anger, fear, joy
- delight, jealousy, fear.

Which of the following is not a common symptom of the depression?
- Delusions
- Insomnia
- Poor appetite
- Lack of energy

The Multiple Components Model of working Memory was proposed by:
- Atkinson & Shiffrin
- Baddeley
- Miller
- Posner & Rossman

Therapists who focus on altering faulty thought process are:
- Humanistic therapists
- Psychodynamic therapists
- Cognitive therapists
- Behavioural Therapists

Which one of these models of psychopathology would suggest that psychological disorders result from acquiring dysfunctional ways of thinking and acting?
- cognitive model
- behavioral model
- medical model
- client-centered model
In which stage in Piaget's theory does children engage in symbolic play?

- Sensorimotor stage
- concrete operations
- formal operations
- preoperational stage

Trichromatic theory states that there are three kinds of __________ in the eye.

- Bipolar cells
- Ganglion cells
- cones
- Rods

Curve of forgetting was developed by_______

- Watson
- Piaget
- Freud
- Ebbinghaus

Persons with Down Syndrome have IQ's:-

- Above 50
- below 40
- below 50
- above 40

The __________ hypothesis states that frustration tends to lead to aggression.

- cognitive dissonance
- social learning
- frustration-aggression
- biological instinct
The first theory of intelligence was developed by:
- Stanford and Binet
- Binet and Simon
- Terman and Wechsler
- Spearman

Which law of learning states that things most often repeated are best retained?
- Law of effect
- Law of readiness
- Law of exercise
- Law of recency.

When a neuron is at rest, the electrical charge is (difficult).
- -70 millivolts
- ±70 millivolts
- no electric charge
- +70 millivolts

Thinking in 'either-or' conditions is known as __________.
- Cognitive lapse
- Generalisation
- Inferential thinking
- Dichotomous thinking

Median is an example of __________ statistic.
- Bivariate
- Multivariate
- Kurtic
- Univariate
Which of these is a stage in the Stages of Change Model?
- contemplation
- Study
- deliberation
- meditation

____________ are drugs whose primary effect is to produce general increases in neural and behavioral activity.
- Depressives
- Sedatives
- Barbiturates
- Stimulants

The first President of APA was:-
- Wilhelm Wundt
- John B.Watson
- G.Stanley Hall
- William James

Organized structure of information about a particular domain of life is known as _____________.
- attributes
- Cognitive structuring
- plan
- Schema

____________ is a persistent pattern of psychological distress following exposure to extreme stress.
- Post traumatic stress disorder
- Generalized Anxiety Disorder
- Panic disorder
Phobic disorder

55 of 100
197 PU_2015_388
Milgram’s experiment with electric shock was used to measure:-
- Conformity
- Compliance
- Prejudice
- Obedience

56 of 100
219 PU_2015_388
The components of evolution are:-
- Inheritance
- Variation & selection
- variation, inheritance & selection
- variation & inheritance

57 of 100
203 PU_2015_388
The Serial Position Curve is a (Difficult):-
- Straight line
- C Shaped Curve
- U shaped Curve
- Inverted U

58 of 100
123 PU_2015_388
In India, the licensing body for Clinical Psychologists is __________.
- Medical council of India
- Mental Health Council
- Clinical Psychologist Council
- Rehabilitation Council of India

59 of 100
215 PU_2015_388
Putting forward a large request followed by a smaller one is a technique of:-
- Foot in the door technique
- Ingratiation
- door in the face
The kind of therapy developed by Freud is called:
- Gestalt therapy
- Psychoanalysis
- S-R therapy
- behavior modification

The correct series of activities in creative process is _____________.
- Preparation---- Incubation----Illumination ----Revision----Evaluation
- Incubation ----Preparation ----Illumination----Evaluation----Revision
- Preparation---- Illumination---- Incubation ----Evaluation----Revision
- Preparation---- Incubation----Illumination ----Evaluation----Revision

'A child learned to be kind to others'-This an example of ____________
- General Motive
- Biological Motive
- Intrinsic Motive
- Social Motive

Fetal alcohol syndrome is characterized by:
- addiction to alcohol in the newborn.
- miscarriage, premature birth, and bodily defects.
- increased birth weight.
- genetic defects.

Of the theorists listed below, who helped to develop the humanistic approach in psychology?
- Freud
- Rogers
- Skinner
According to Latané (1981), social loafing is due to:-

- A bias toward making internal attributions about the behavior of others
- Duplication of effort among group members
- Diffusion of responsibility in groups
- Social norms that stress the importance of positive interactions among group members

The amount of change in a stimulus required for a person to detect is called:-

- absolute threshold
- subliminal perception
- Difference threshold
- just noticeable difference

During counselling asking for minute and obscure details about the client is known as ---

- Understanding
- Probing
- Clarifying
- Deepening

Who among the following emphasized upon 'Archetypes'

- Jung
- Freud
- Adler
- Horney

According to Freud, the Oedipus and Electra conflicts occur during the:-

- Oral stage
- Genital stage
- Anal stage
Sleep spindles and K complexes occurs at _________ sleep (average)
- stage 4
- stage 2
- Stage 1
- stage 3

The levels of processing view of memory was proposed by:-
- Godden & Baddeley
- Craik & Tulving
- Schachter & Kihlstrom
- Craik & Lockhart

The view that "A counsellor is an authentic Chameleon" was given by:-
- Rogers
- Seligman
- Maslow
- Lazarus

Which of the following lobe is involved in hearing?
- Frontal
- Parietal
- Occipital
- Temporal

An IQ of 100 Suggest _________ level of intelligence
- average
- high
- low
Counselling is different from psychotherapy primarily because, in counselling we deal with ________ problems.

- Cultural
- Marital
- Adjustment
- Academic

NEO-PI is an assessment of ----

- Intelligence
- Attitude
- Personality
- Career interests

Jung believed that there are basic universal concepts in all people regardless of culture called:-

- Mandalas
- archetypes.
- collective consciousness
- persona.

Reinforcement which occurs after a fixed number of responses.

- variable-ratio schedule
- Fixed-ratio schedule
- fixed-interval schedule
- variable-interval schedule

The portion of the brain that appears to be the last area to mature fully is the:-

- Corpus Callosum
- Hypothalamus
80 of 100
253 PU_2015_388
The cephalocaudal trend in the motor development of children can be described simply as a:-
☐ Foot-to-head direction
☐ Center-outward direction
☐ Body-appendages direction
☐ Head-to-foot direction

81 of 100
270 PU_2015_388
Analysing pre and post scores of a client on a given parameter is a method of evaluation in counselling.
This is known as __________ method of evaluation.
☐ Critical
☐ Process
☐ Outcome
☐ Feedback

82 of 100
292 PU_2015_388
Term flashbulb memories was proposed by:-
☐ Kassin & Kiechel
☐ Neisser
☐ Brown and Kulik
☐ Loftus

83 of 100
274 PU_2015_388
The famous book 'Authentic Happiness' was authored by:-
☐ Viktor Frankl
☐ Rollo May
☐ Martin Seligman
☐ Robin Sharma

84 of 100
284 PU_2015_388
In Adler's view, the main striving of personality is for:-
☐ instincts
superiority
sophistication
dominance

The water jar problem demonstrated by Luchins was used to study the impact of _______ on problem solving (difficult)
trial and error
Functional fixedness
algorithm
mental set

Which of the following type of conflict is extremely disruptive?
Discount-discount
Avoidance-Avoidance
Approach-Approach
Approach-Avoidance

A man redirects anger from his boss to his child is an example of which defense mechanism?
displacement
repression
regression
Projection

The variance of a population:-
equals SS / df
M1- M2
is represented by s2
equals the mean of the squared deviation scores.

Who among the following is not a motivation theorist?
Maslow
Herzberg
Vroom
Tolman

90 of 100
294 PU_2015_388
Who is considered as the "spiritual father of humanism in America"?
☐ J B Watson
☐ R S Woodworth
☐ Abraham Maslow
☐ Carl Rogers

91 of 100
299 PU_2015_388
The glands which plays a key role in the development of personality is the _________
☐ Pituitary
☐ Thyroid
☐ Thymus
☐ Adrenal

92 of 100
276 PU_2015_388
What is the smallest unit of Speech Perception?
☐ Words
☐ Phonemes
☐ Syllable
☐ Morphemes

93 of 100
265 PU_2015_388
Persons having low IQ with exceptional musical talents are referred as:-
☐ Williams syndrome
☐ savant syndrome
☐ Gifted
☐ prodigies

94 of 100
296 PU_2015_388
Illusion is a kind of _____________________
Perception
Hallucination
Trick
Misperception

95 of 100
290 PU_2015_388
Resulting data from a test of academic knowledge are positively skewed. This suggests that:-

☐ some students benefited from a “halo effect”.
☐ The test was too easy
☐ The test was too difficult
☐ an unbiased estimate must be calculated.

96 of 100
298 PU_2015_388
The scales to measure the psychological distance between any two stimuli was developed by

☐ Weber
☐ Titchner
☐ Fechner
☐ Binet

97 of 100
272 PU_2015_388
Statistical way of controlling quality in organisations is known as:-

☐ Feedback training
☐ KAIZEN
☐ Six Sigma
☐ Quantitative training

98 of 100
282 PU_2015_388
A teacher offers her student a reward for each five correct answers. This is an example of ______ reinforcement schedule?

☐ Intermittent ratio
☐ Fixed ratio
☐ Intermittent interval
☐ Fixed interval

99 of 100
Cognitive Dissonance theory is based on the:

- Self-actualization
- Consistency
- Gain-loss
- Cognitive dissonance

 Traits that exert relatively specific and weak effects on behavior are called (Average):

- central traits
- secondary traits
- source traits
- Cardinal traits