

English

1. Which of the following components of history collection help the nurses to identify the patient's habitual attitudes and patterns of behavior?

- (A) Personal history
- (B) Family history
- (C) Premorbid personality
- (D) Past psychiatric history

Correct Option(s): C

English

2. An example of an electrophysiological test is

- (A) Polysomnography.
- (B) Magnetic resonance imaging
- (C) Computed tomography
- (D) Electro convulsive therapy

Correct Option(s): A

English

3. During which stage of the nurse-patient relationship does the contract get written?

- (A) Pre introductory
- (B) Orientation
- (C) Working
- (D) Termination

Correct Option(s): B

English

4. The nurse helps the patient to express their hallucination is

- (A) Avoid saying that you are wrong
- (B) Focus on reality
- (C) Allow the patient to talk
- (D) Promote accurate perception

Correct Option(s): D

English

5. Which of the following are components of mental health?

- (A) Accept self, Fulfill life's task and Feel right towards others
- (B) Autonomy, Integration and Difficult in day to day practice
- (C) Accept self, Positive self – concept and Guilt
- (D) Ambivalence, self –satisfaction and Well balanced life

Correct Option(s): A

English

6. The purpose of the Johari Window is to identify

- (A) Self - awareness
- (B) Self - esteem
- (C) Self – ideal
- (D) Self - help

Correct Option(s): A

English

7. The main aim of National Mental Health Program is

- (A) Curing of mental illnesses
- (B) Prevention and treatment of mental illnesses
- (C) Eradication of stigma
- (D) Formulation of acts related to mental illness

Correct Option(s): B

English

8. A guide to mental health and psychiatric nursing (4th ed.). New Delhi: Jaypee. the aims of modular nursing is to;

- (A) provide bed side competent nursing care
- (B) make decisions independently
- (C) promote team work
- (D) improve patient satisfaction

Correct Option(s): A

English

9. Which of the following approach is a bench marking process?

- (A) Act, internal, external &functional
- (B) Performance, internal, external &competitive
- (C) Plan, internal, functional & performance
- (D) Plan, do, study &act

Correct Option(s): D

English

10. The primary objective of ward management is to:

- (A) Improve quality care
- (B) Conduct ward rounds
- (C) Evaluate the team members
- (D) Identify the patient satisfaction

Correct Option(s): A

English

11. Which one of the following is NOT a performance appraisal method?

- (A) Individual method
- (B) Multi – person evaluation method
- (C) field review method
- (D) motivational force

Correct Option(s): D

English

12. In which of the following types of nurse leadership style emphasizes the exchange take place among leaders and followers to accomplish task?

- (A) Transactional
- (B) Transformational
- (C) Directive
- (D) Participative

Correct Option(s): A

English

13. Which one of the following roles of a nurse supervisor aims for the development of subordinates?

- (A) Evaluative
- (B) Formative
- (C) Normative
- (D) Restorative

Correct Option(s): B

English

14. Job analysis is a vital step for finalising

- (A) recruitment
- (B) job specification
- (C) promotio
- (D) job satisfaction

Correct Option(s): B

English

15.

The nurse protects the patient's human and legal rights. Here, the nurse possesses the role of

- (A) Advocate
- (B) Care Giver
- (C) Educator
- (D) Communicator

Correct Option(s): A

English

16. The level of prevention that includes early diagnosis and prompt treatment is

- (A) Primary
- (B) Secondary
- (C) Health Promotion
- (D) Tertiary

Correct Option(s): B

English

17. Positioning to minimise the effects of pressure ulcers is

- (A) Collaborative Intervention
- (B) Nurse Initiated Intervention
- (C) Physician Initiated Intervention
- (D) Physician And Nurse Intervention

Correct Option(s): B

English

18. The founder of Modern Nursing is

- (A) Clara Barton
- (B) Mary Mahoney
- (C) Florence Nightingale
- (D) Dorthea Dix

Correct Option(s): C

English

19. Hospital-acquired infection is also known as

- (A) Cross infection
- (B) Direct infection
- (C) Indirect infection
- (D) Nosocomial infection

Correct Option(s): D

English

20. The other name for diaphoresis is

- (A) Fainting
- (B) High fever
- (C) Profuse sweating
- (D) Diarrhoea

Correct Option(s): C

English

21. Systemic absorption of mydriatics in elderly patients can be limited by

- (A) Fundus examination
- (B) Lesser concentration of medication
- (C) Proper administration
- (D) Punctal occlusion

Correct Option(s): D

English

22. The nurse identifies the detaching retina as manifested by the patient as

- (A) Peripheral loss of vision
- (B) Light flashes
- (C) Central loss of vision
- (D) Glare

Correct Option(s): B

English

23. Which of the following factors provides a good medium for the growth of microorganisms in the external ear?

- (A) Warm dark environment
- (B) Direct exposure to external environment
- (C) Moist surface
- (D) Frequent cold attack

Correct Option(s): A

English

24. The nurse checks the audiogram report of the patient with otitis media at 25 db. She explains the report to the patient as

- (A) Normal hearing
- (B) Slight hearing loss
- (C) Mild impairment
- (D) Moderate impairment

Correct Option(s): B

English

25. The nurse teaches the patient to use physiologic monitoring equipment and trains the patient to relax the muscles and increase the peripheral blood flow for symptomatic relief from headache. The therapy taught by the nurse is

- (A) Biofeedback
- (B) Relaxation
- (C) Acupuncture
- (D) Cognitive-behavioral

Correct Option(s): A

English

26. A patient develops a tonic-clonic seizure. Which of the following actions should be avoided by the nurse?

- (A) Perform suctioning
- (B) Establish IV access
- (C) Loosen tight clothing
- (D) Insert airway between clenched teeth

Correct Option(s): D

English

27. Which is a priority nursing intervention for a patient with the acute phase of rheumatic fever?

- (A) Performance of active range of motion exercises
- (B) Encourage more fluid intake
- (C) Follow the pain management
- (D) Administer antibiotics as per order

Correct Option(s): D

English

28. The Function of the Cephalic Curve in Obstetric Forceps

- (A) To support the perineum
- (B) To fit on the axis of the birth canal
- (C) To grasp the foetal head
- (D) To prevent lacerations on foetal head

Correct Option(s): C

English

29. The amount of pressure created at the beginning of the ventouse application

- (A) 0.2 kg/cm²
- (B) 0.4 kg/cm²
- (C) 0.6 kg/cm²
- (D) 0.8 kg/cm²

Correct Option(s): A

English

30. The daily dietary allowance for a woman during pregnancy is

- (A) 40 mg
- (B) 30 mg
- (C) 75 mg
- (D) 60 mg

Correct Option(s): A

English

31.

The classic triad of ectopic pregnancy symptoms are as follows:

- (A) Amenorrhoea ,Abdominal pain & Vomiting
- (B) Amenorrhoea ,Abdominal pain & Abnormal vaginal bleeding
- (C) Amenorrhoea ,Abdominal pain & Headache
- (D) Amenorrhoea ,Abdominal pain ,Vomiting & Headache

Correct Option(s): B

English

32.

Which nursing intervention would be appropriate initially, when a midwife assessing the uterine fundus of a mother in the immediate postpartum period notes that the uterus feels soft and boggy?

- (A) Push on the uterus to assist in expressing clots
- (B) Elevate the mother's legs
- (C) Massage the fundus until it is firm
- (D) Encourage the mother to void

Correct Option(s): C

English

33.

The extra calorie requirement for a mother when breast-feeding is

- (A) 300 kcal
- (B) 600 kcal
- (C) 200 kcal
- (D) 1000 kcal

Correct Option(s): B

English

34. Associative play is common in

- (A) Infancy
- (B) Toddler period
- (C) Preschool age
- (D) School age

Correct Option(s): C

English

35. The mode of administration of surfactant is

- (A) Subcutaneous
- (B) Intravenous
- (C) Intrathecal
- (D) Endotracheal

Correct Option(s): D

English

36. Ice collar was the recommended post-operative nursing intervention in case of

- (A) Tracheostomy
- (B) Thyroidectomy
- (C) Parathyroidectomy
- (D) Tonsillectomy

Correct Option(s): C

English

37.

The role of Prostaglandin E in the tetralogy of fallot to

- (A) Minimize the blood flow to pulmonary circulation
- (B) Dilate the ductusarteriosus
- (C) Constrict the ductusarteriosus
- (D) Maximize the blood flow to Aorta

Correct Option(s): B

English

38. A "DO NOT PALPATE ABDOMEN" board is hanged for the child diagnosed with

- (A) Intussusception
- (B) Megacolon
- (C) Wilms tumor
- (D) Umbilical hernia

Correct Option(s): C

English

39. Ergonomics means

- (A) Fitting the job to the worker
- (B) Industrial health
- (C) Industrial legislation
- (D) Prevention of disease in work place

Correct Option(s): A

English

40. The population covered by one sub-centre is

- (A) 1000
- (B) 2000
- (C) 5000
- (D) 7000

Correct Option(s): C

English

41. A cold chain should be maintained to preserve

- (A) Vaccines
- (B) Ampoules
- (C) Costly injections
- (D) Blood products

Correct Option(s): A

English

42. The continuous scrutiny of the factors that determine the occurrence and distribution of disease is

- (A) Monitoring
- (B) Surveillance
- (C) Prevention
- (D) Evaluation

Correct Option(s): B

English

43. World Health Day is celebrated every year on

- (A) 7th February
- (B) 7th June
- (C) 7th April
- (D) 7th August

Correct Option(s): C

English

44. Nurses can help patients in an unknown area of Johari Window by creating an environment that encourages

- (A) Self-discovery
- (B) Self-esteem
- (C) Self-concept
- (D) Self-confidence

Correct Option(s): A

English

45. The following does NOT belong to the elements of team work.

- (A) Interdependence
- (B) Empowerment
- (C) Mutual accountability
- (D) Peer pressure

Correct Option(s): D

English

46. The "Directive counselling approach" is also known as

- (A) Eclectic counselling
- (B) Prescriptive counselling
- (C) Patient centered counselling
- (D) Permissive counselling

Correct Option(s): B

English

47. The philosophy that depicts the teacher's role as a catalyst to guide the students in the clinical area is

- (A) Realism
- (B) Naturalism
- (C) Idealism
- (D) Pragmatism

Correct Option(s): D

English

48. Ex-post facto studies are also called

- (A) Longitudinal
- (B) Descriptive
- (C) Correlation
- (D) Exploratory

Correct Option(s): C

English

49. Lived experiences of nurses who are caring for patients with the diagnosis COVID-19" Which of the following types of qualitative research is mentioned in the above mentioned statement?

- (A) Phenomenological
- (B) Ethnographic
- (C) Case Study
- (D) Historical

Correct Option(s): A

English

50. The power analysis is used to estimate

- (A) Level of Significance
- (B) Internal Validity
- (C) Reliability
- (D) Sample Size

Correct Option(s): D